



	Monday	Tuesday	Wednesday	Thursday	Friday
Week 4					
Early Years Choice	Cottage pie	Vegetable topped pizza slice	Roast Gammon	Minced beef & vegetable hotpot	Breaded cod fillet
2 nd Main course	Fish fingers	Sausages in onion gravy	Chicken nuggets with a barbeque sauce	Homemade sausage roll	Turkey meatballs in tomato sauce
Vegetarian Option	Vegetable pasta	Chick pea & vegetable curry	Cheese & tomato quiche	Vegetable ravioli	Vegetable pie
Salad bar	Pineapple & celery salad	Summer fruity pasta salad	Egyptian potato salad	Fruity yoghurt salad	Italian pasta salad
Potatoes & carbohydrates	Spicy diced potatoes	Spring onion mash Parsley potatoes	Roast potatoes Minted new potatoes	Herbed jacket wedges	Chipped potatoes Penne pasta
Vegetables	Sweetcorn broccoli	Baked beans Vegetable fried rice	Green beans carrots	Roasted mix vegetables	Peas Mixed salad
Desserts	Rice pudding and toppings smoothies fresh fruit homemade yoghurt	Homemade Mousse Cheese & biscuits fresh fruit homemade yoghurt	Rhubarb crumble & custard smoothies fresh fruit homemade yoghurt	Ice cream roll Cheese & biscuits fresh fruit homemade yoghurt	Syrup sponge & custard smoothies fresh fruit homemade yoghurt